

Safe Patient Handling & Mobility Evaluation

TRAM Evaluation Guidelines

Patients should be evaluated by staff to determine if use of the TRAM and TRAM accessories are appropriate.

Patients should be re-evaluated with any change of condition or SPHM concerns.

Patient Evaluation and TRAM use should be conducted in compliance with facility policy and procedures and only after training.

TRAM Evaluation Instructions

1. Indicate Level of Functional Status by circling 0/1, 2, 3 or 4 in Section A.
2. Document instructions for hooking the thigh straps, walking saddle and seat strap as appropriate in Section G below.

| |
|------------------------------|
| PATIENT NAME: |
| ROOM # |
| DATE OF EVALUATION |
| SIGNATURE/TITLE OF EVALUATOR |

| A | B | C | D | E | F |
|------------|--|--|-----------------------|----------------------------------|---------------------|
| Level | Functional Status | Rise/Stand | Ambulate | Transfer | Toilet |
| 0/1 | <ul style="list-style-type: none"> Independent or stand-by assist with transfers and ambulation Bears weight fully | TRAM not needed | | | |
| 2 | <ul style="list-style-type: none"> Assist of 1 to sit, rise, stand, ambulate Understands, cooperates Sits independently or with support Bears weight fully Upper body and extremity strength Weighs 350 pounds or less; stands 6'4" or less to use TRAM | TRAM (if pulling or lifting resident to stand) | TRAM not needed | | |
| 3 | <ul style="list-style-type: none"> Assist of 2 to sit, rise, stand, ambulate Understands, cooperates Sits independently or with support Bears weigh partially Upper body and extremity strength Weighs 350 pounds or less; stands 6'4" or less to use TRAM | TRAM & Walking Saddle | TRAM & Walking Saddle | TRAM & Thigh Straps | TRAM & Thigh Straps |
| 4 | <ul style="list-style-type: none"> Total Assist; not able to rise, stand or ambulate Sits with support Cooperates Non-weight bearing Limited upper body and extremity strength Weighs 350 pounds or less; stands 6'4" or less to use TRAM | N/A | N/A | TRAM & Thigh Straps & Seat Strap | N/A |

G. Instructions for hooking the thigh straps, walking saddle and seat strap: