



# Prone Stander

**The physiological benefits** of standing are enormous – not to mention the psychological benefits of being able to tackle activities in an upright position, participating at eye level alongside peers.

Prone Stander provides anterior support and stability, while encouraging weight-bearing and the use of both hands and arms. Versatile, tool free adjustments make it easy for therapists and caregivers to adapt to the user's growth and developing skills.

## Why use a Prone Stander?

- **For upright social interaction:** The Prone Stander offers users the opportunity to be at eye-level with their peers and participate in class activities while still being supported adequately at the trunk.
- **For improving head and trunk control:** The prone tilt of the main board engages the pull of gravity on the head and upper trunk, cueing the use of the neck and trunk extensor muscles to maintain an upright head position. The main board can also be lowered to increase postural challenge to the upper trunk.
- **To minimize extensor tone:** The prone tilt of the main board engages the pull of gravity to counteract extensor tone and thrust.
- **For pressure relief:** The Prone Stander is a great temporary alternative to wheelchair positioning, relieving pressure on the ischial tuberosities and other areas susceptible to skin breakdown.
- **For gradual increase in weight-bearing:** The 0° to 85° angle adjustment makes it easy to monitor and adjust the rate and amount of weight-bearing the user can manage comfortably.
- **For better hip extension and alignment:** Hip range of motion and integrity can be maintained in the prone position with the firm anterior support and abductor options.



Find important details and studies on the therapeutic benefits of standing at:  
[www.rifton.com/pronestander](http://www.rifton.com/pronestander)

*"The* Rifton Prone Stander has exceptional growth capability, and adjustments are easy to make by parents or therapists. The adjustable abduction wedge with hip stabilizer positions even heavy youngsters in good hip extension and alignment. I consider this stander one of the best on the market."*"*

*Michele E. Audet, MMSc, PT, ATP  
Children's Healthcare of Atlanta, GA  
Seating and Mobility Clinic*



The sturdy curved frame gives plenty of room for the caregiver to work comfortably with the user, as well as enabling eye-level social interaction.

# Components



## Additional trunk laterals

Trunk laterals adjust vertically and horizontally and rotate to give comfortable positioning.



## Knee laterals

Knee laterals adjust vertically and horizontally and rotate to give comfortable positioning.



## Sandals and wedges

Sandals and wedges position the client's feet for weight-bearing. To accommodate asymmetrical leg lengths, combine two wedges under one sandal. Sandals adjust forward and back, in and out.

**Med:** 4" x 9" **large:** 5" x 10½"



## Additional hip strap

An additional hip strap is available for extra support. It gives secure, comfortable hip alignment and is easy to adjust.



## Round abductor

The round abductor helps maintain 4" of comfortable knee separation.



## Collar for round abductor

The collar adds 2" of separation to the round abductor.

(Requires round abductor)



## Components (continued)



### Adjustable abduction wedge

The adjustable abduction wedge can be changed from 3½" to 11" in width depending on how much abduction is required.



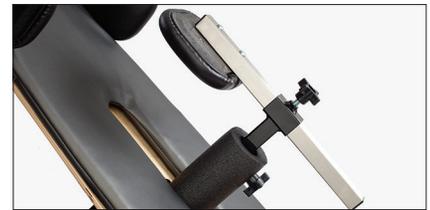
### Adjustable abduction wedge with hip stabilizer

The adjustable abduction wedge with hip stabilizer supports from behind to help maintain hip extension and knee positioning.



### Round abductor with hip stabilizer

The round abductor with hip stabilizer gives extra support and abduction and can be adjusted vertically and horizontally. The addition of the collar adds 2" more abduction.



### Hand Anchor

The hand Anchor attaches to the tray with a powerful suction cup. With a secure anchor point for one arm, the user can perform tasks more easily with the other arm and hand.

(For more hand/arm support options see pp. 112–115.)



### Tray

The tray has plenty of room for a communication device or other activities. It has an easily cleanable surface and tool-free angle adjustment.



# 2024 order form

Use dimension chart to select appropriate size.



**To order or get a quote:**  
**Go online:** <https://www.rifton.com/prone-sizing>  
**Email:** [sales@rifton.com](mailto:sales@rifton.com)  
**Call:** 800.571.8198



\* **Prone Stander** includes a pair of trunk laterals, hip strap, padding and footboard.

**Specify color:** red or blue

User dimensions (inches)	E940 med.	E950 large
Height	44 – 59	57 – 72
 <b>Key user dimension: height</b> Select the appropriate Prone Stander by the user's overall height. Choose the model that allows for growth.  <b>Important:</b> User's weight must not exceed the maximum working load.		
Item dimensions (inches)	E940 med.	E950 large
Board length	30	39
Board width (top / bottom)	11 / 16	14 / 19
Top of board to footboard	33 – 43½	44 – 57
Height when horizontal	29½	31½
Height when vertical	45½	61
Distance between laterals	8 – 16	12 – 22
Base width	26	30
Base length	39½	44
Tray inside width (widest point)	22½	29½
Tray inside length	17½	17½
Max. working load (lb)	150	200

		E940 medium	E950 large
<b>CHOOSE</b>	E941	<input type="checkbox"/>	E951 <input type="checkbox"/>
	Red	<input type="checkbox"/>	Red <input type="checkbox"/>
	Blue	<input type="checkbox"/>	Blue <input type="checkbox"/>
<b>Additional trunk laterals (pair)</b>	E614	<input type="checkbox"/>	E614 <input type="checkbox"/>
<b>Knee laterals (pair)</b>	E942	<input type="checkbox"/>	E942 <input type="checkbox"/>
<b>Additional hip strap</b>	E946	<input type="checkbox"/>	E956 <input type="checkbox"/>
<b>Tray</b>	E947	<input type="checkbox"/>	E957 <input type="checkbox"/>
<b>Round abductor</b>	E933	<input type="checkbox"/>	E933 <input type="checkbox"/>
<b>Collar (requires round abductor)</b>	E934	<input type="checkbox"/>	E934 <input type="checkbox"/>
<b>Round abductor with hip stabilizer</b>	E655	<input type="checkbox"/>	E655 <input type="checkbox"/>
<b>Adjustable abduction wedge</b>	E945	<input type="checkbox"/>	E945 <input type="checkbox"/>
<b>Adjustable abduction wedge with hip stabilizer</b>	E605	<input type="checkbox"/>	E605 <input type="checkbox"/>
<b>Sandals (pair)</b>	<b>CHOOSE</b>	Small	E422 <input type="checkbox"/> N/A
		Medium	E433 <input type="checkbox"/> E433 <input type="checkbox"/>
		Large	N/A E432 <input type="checkbox"/>
<b>Wedges (pair, require sandals)</b>	<b>CHOOSE</b>	Small	E424 <input type="checkbox"/> N/A
		Medium	E435 <input type="checkbox"/> E435 <input type="checkbox"/>
		Large	N/A E434 <input type="checkbox"/>
<b>Hand Anchor</b>	K821	<input type="checkbox"/>	K821 <input type="checkbox"/>

\* Required